



## Royal St. George Yacht Club

### 2024 Junior Sailing Courses FAQs

#### **Will sailors be awarded their next Irish Sailing module (levels) in these clinic style courses?**

The objective is primarily to improve the junior's skills. That will be our main goal this summer. Irish Sailing Modules can be awarded subject to sailors meeting all Irish Sailing Requirements for their course. We will be updating each sailor's online logbook- Checklick with the relevant skills that they complete/ learn or update so that sailors and parents have an updated 'online logbook'. Remember that the objective for sailors is to improve their skills, please do not place unnecessary pressure on your sailors to 'pass their level'. Obtaining their module will come in due course, one module a season is a realistic goal for most sailors.

#### **What if my sailor cannot do a full course, is it possible to do one week of one, and a week of another?**

Yes, this is possible. It is to be noted that for the purpose of obtaining sailing modules, all sailors will be 'passed out' as they successfully progress through the curriculum of each module which is logged in each sailor's 'Online Logbook' by their instructors.

If a sailor completes a week of one module- say 'Basic Skills' in Course A, and another week of 'Basic Skills' in Course C, and all curriculum is obtained, they may obtain their module. Please note though that while we will endeavor to accomplish this, as with any courses, it is subject to weather conditions.

#### **Is food available at lunchtime?**

Yes, there will be soup, sandwiches and snacks available to purchase from the Boardwalk Café.

#### **What is the purpose of briefing / debriefing?**

Each session on the water has been planned with goals and objectives in mind. A briefing gives the instructor an opportunity to communicate these objectives to trainees. A debriefing is an opportunity for the trainees and instructor to come together and discuss what progress was made towards the objectives. Both sessions are an essential part of the sailing course day.

#### **What should juniors wear on the water?**

- Summer sailing brings a wide range of weather & it is rarely warm whilst out sailing
- Long Wetsuits are advised. Short wetsuits will not be accepted.
- A Cag (waterproof dry top) is strongly advised

- Sailing Gloves & Wetsuit Booties are essential
- Sun protection is essential – High factor, waterproof sunscreen, hat, possibly cheap sunglasses.
- All sailors should bring a bottle of water with them in their bag every day

### **Where can I put my valuables?**

Please bring little to nothing down other than what you take out on the water. Should you bring any items, please ensure that they are kept in a waterproof bag that you can keep in your boat or leave ashore (unsupervised).

### **What should I do if my child will miss a day of the course?**

Missing a day of the course is not a problem. Please advise us in advance if your sailor will be missing a day. If that is not possible, please leave a message with the sailing office (01 280 1811 ex.3 or email [sailing@rsgyc.ie](mailto:sailing@rsgyc.ie) / [juniorsailing@rsgyc.ie](mailto:juniorsailing@rsgyc.ie)

### **Are Buoyancy aids worn?**

Yes. The wearing of buoyance aids is mandatory, as prescribed by Irish Law, at all times when sailors are on or near the water.

### **What are the Instructor qualifications?**

All of our instructors are certified through Irish Sailing (Domestic Sailing Governing Body). All instructors are required to carry: Powerboat Level 2 certificate, First Aid certificate, Safeguarding certificate and Garda Vetting.

### **Can children with medical conditions take part?**

We do our best to cater for students with medical conditions (e.g. Asthma, Diabetes, Allergies). Instructors can be requested to carry inhalers/EpiPens etc so a child has quick and easy access to medication if they require it.

### **Do I need to own a boat?**

No, the club offers a limited amount of boat rentals for the summer courses. These book up quickly, so please check availability before booking a course. There is a range of options to cater for sailors skill level, including: optimist, topper, rs feva, and laser.

### **What if I have another question?**

If your query has not been answered here, [click here](#) to send an email to the Sailing Office or the Senior Instructor can be contacted on [juniorsailing@rsgyc.ie](mailto:juniorsailing@rsgyc.ie) (from June – August) and we will try answer any queries.

We look forward to hearing from you.